



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust



Royal Navy on the High Seas Street! By Robyn Williams

It was great to have four sailors from the HMAS Parramatta volunteer to visit Tuart Place to help us put up our Christmas decorations.

Craig, Finny, Brodie and Sam were very interested in what Tuart Place was about and everyone had a great time exchanging stories and sharing a laugh. When the decorations were finished being put up and the tree was looking awesome, we all had a lovely lunch together. Then we all sang Happy Birthday to Maria. This made for a really good time for everyone. We all enjoyed ourselves. It was just great!



Craig and Robyn



Ann, Sam, Finny, Brodie and Craig

"Tuart Place has been transformed! The sailors from Parramatta put big smiles on many faces here, it was a pleasure to have them come in and spend some time with us all."



Sam and Finny



Roll up for WA

COVID-19 Vaccination

and Susy suggested Ricky might like to get his vaccination done as the pharmacy did it on-the-spot. They went in together and ten minutes later Ricky had been jabbed! "That was much quicker and easier than I thought, thanks Susy!"

Ricky Michael met Susy walking down High Street after she'd got her COVID-19 Booster vaccination done at Fremantle Pharmacy. They chatted for a while

Ricky with Joanne at Fremantle Pharmacy



"I was a bit afraid of getting vaccinated" said Peter Leslie but after chatting with Belle he said he felt happier about getting it as she'd understood his concerns and took time to explain some of things he was unsure about. She let him know how easy it was to get it done at pharmacies and GP's and showed him that Fremantle Pharmacy was only 200m along the street from Tuart Place. Peter went up there straight away and got his first vaccination. Peter said; "if anyone has any concerns or wants someone to go with them up to the pharmacy, just let Belle or another staff member know and they'll help."

Want to get your COVID Vaccination Certificate or download and use the SafeWA or Services WA app? Ask Reception for an appointment with the patient and friendly Tuart Place IT volunteers.

Jim Gilroy writes....

"I can't talk highly enough of Rahul, one of the IT volunteers here. I went to three telephone companies and asked them for help to get the SafeWA app onto my phone and to get set up with Mygov but they couldn't help."



I had no idea how to get the SafeWA app onto my phone but Rahul had no trouble getting it on and then showed me how to use it and how to download my Covid-19 vaccination certificate. He even set my I-Pad up with MyGov and with the MyGov tax side of things too so now I can do my own tax through that website and not pay a tax agent."



Congratulations Mary-Ann on achieving a Distinction in your Bachelor of Counselling Degree. We're lucky to have you!

A BIG THANK YOU TO OUR VOLUNTEERS

A day trip to Rottnest, guided tour and scenic lunch trip for Tuart Place participant volunteers and external volunteers was great fun. The whole experience was made possible by the very kind people at WACOSS who had an opportunity to give some Captain Cook vouchers to not-for-profit services they knew. Lucky us!



What a day we had today... by Pat Slater

Thank You Tuart Place, we all felt really special, what a treat.

We boarded our fast trip to Rottnest Island arriving at 9.30, then free time to spend wandering, exploring till 11.15, then off to board our lunch cruise boat. We were warmly welcomed by the crew, settled in with a welcome cocktail & delicious prawn skewer & crab & mango bites. We all listened attentively to our safety talk, then off to catch our lunch. Fruit platter was served with more drinks on our way out to find the pots.

When we arrived at the correct spot to haul pots, it was great to watch the crew haul them in. Interesting to see the breeding females which were safely returned to the sea. One of the largest crays was about 15 years old, he was a monster, definitely a

keeper. Coel talked about their breeding, where they travel to moult which is why some are called a white cray. He spoke of their protective mechanism, how they can evade their predators, which include octopus, crabs & big fish. We travelled back to Parakeet Bay, a glorious sheltered bay, to be treated to seated white tablecloth dining. Three more courses of scallops, ceviche with mango salsa & half crayfish with rice & papaya salad, drinks of your choice, fantastic. Then we were served with a desert of mango cheesecake. The staff were truly amazing, multi- skilled, very efficient in dealing with everyone. Having a group of 24 seniors on board, they were respectful, caring & good fun. Thank you. For me as a carer, it was a very special day - just for me - bliss. I got a coffee on arrival & just wandered, sat & looked out to sea, then our cruise, a very relaxing day.



Some of our volunteers

