

High Street Happenings

April 2019

Issue 2



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust



The Empty Arms - Broken Lives memorial sculptures were unveiled on the 21st March 2019 - the sixth anniversary of the National Apology for Forced Adoptions. The two sculptures and accompanying plaque were donated to the Town of Victoria Park by the Association Representing Mother's Separated from their children by adoption (ARMS), and were funded by a Commonwealth grant. Tuart Place participant Carmel Ipock, (past co-ordinator of ARMS) along with other members of ARMS and their supporters worked tirelessly to ensure that this special day came about. Carmel had crocheted sunflowers for guests to wear and people were also invited to place fresh sunflowers on the sculptures in remembrance of those people who had endured immense trauma as well as those who did not survive.

The sculptures acknowledging over 200,000 mothers and babies separated at birth through forced adoptions are located in Victoria Park at Read Park and provide a central place for those who have been affected by Forced Adoptions to visit, reflect and remember.

Several Tuart Place participants including Paddy Cannon, Ann McVeigh and Julie Duffin, as well as Amaleed Al-Maliki (Curtin Social work placement student) and Susy Vaughan (Senior Therapist/Staff Manager) listened to the powerful and poignant speeches before the unveiling. Amaleed said that it made a huge impression on her, "I was truly moved to see everyone come together for such a special and important event."





Thank you Grill'd for the \$100 cheque!

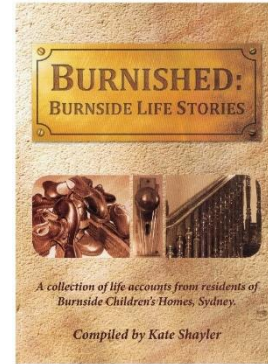
Tuart place was invited to take part in the Local Matters Program in store. Every time a customer brought a burger they received a token which they put in one of three jars.



These jars represent local Fremantle community groups and we were lucky enough to come second.

Natalie's Africa Photos Summary

On Monday the 18th of March, Tuart Place was lucky enough to have our very own Natalie do a presentation about photos she took in Africa. Natalie showed the incredible photos she took of wildlife and nature during her time travelling around Africa recently. Elephants, cheetahs, leopards and birds were among the amazing photos shown. Natalie also told stories about the photos and gave us some information about the animals. Many participants and volunteers from Tuart Place watched the presentation and thoroughly enjoyed it, asking lots of questions which Natalie was happy to answer.

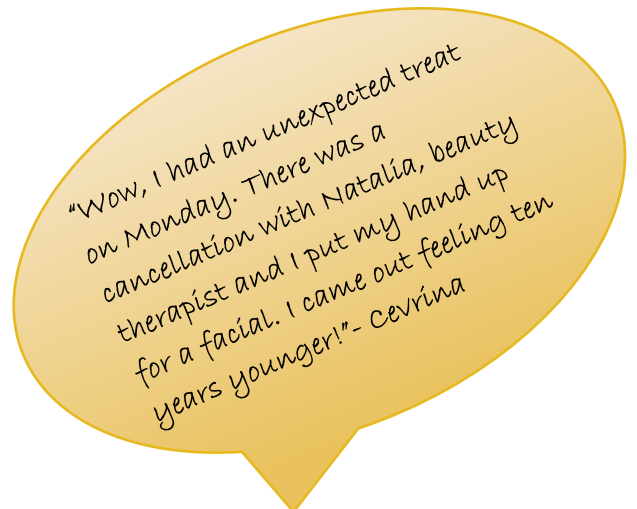


'Burnished' is a collection of 26 life stories from residents of Burnside Children's Homes in Sydney. The author who collected the stories, Kate Shayler, describes them as "success stories" and that "hopefully they will result in Forgotten Australians being remembered".

Linda Blagg kindly donated two copies of the books in the hope that participants may be inspired to tell their story and possibly put a book together for Tuart Place. This could be a history of not only yourself but of your friends.

THANK YOU LINDA!

David Moir, Jo Hocking and Amaleed Al-Maliki attended the Volunteering Expo at the University of Notre Dame on Tuesday 26 February. Notre Dame has a strong focus on volunteering and the expo provided an excellent chance to speak to a large number of students and raise the profile of Tuart Place. We're following up with over 20 students who expressed an interest in volunteering with us.



"Wow, I had an unexpected treat on Monday. There was a cancellation with Natalia, beauty therapist and I put my hand up for a facial. I came out feeling ten years younger!" - Cevrina

50 YEARS PARKERVILLE REUNION

Lou has been the glue that has held these three friends together for over fifty years. They were in Parkerville together, with Roma arriving in 1954 and Coral in 1956. They were also there with David Moir and Lynn McLaughlin. Roma and Lynn were the same age and became fast friends.



Left to right - Lou, Coral, Dave, Roma, Lyn

David has not seen the ladies in 55 years and Lynn in 20 years. It was a wonderful moment watching Lynn and Roma embrace as the years rolled away and the memories came flooding back.

Coral left WA when she was 21yrs and now lives on a farm, 5 hours from Sydney, she is visiting her last surviving relative here in Perth.

Roma has remained in the Perth Area for all her life, working mostly within Health departments in and around Perth.

All five had an opportunity to meet, chat and catch up. Coral and Roma have now joined the Tuart Place family and were complimentary of Tuart Place.



Monday 25th Feb, Ann Newman talked of places throughout Western Australia where we can enjoy the amazing varieties of wildflowers. Many places are close, such as a walk around Wireless Hill. Then further away from Margaret River to the Gascoyne and many places in-between. King's Park Native Botanical Gardens have free guided tours from 10 - 12 and from 2 o'clock. You do not have to book. Huge varieties of species such as Everlastings, Swan River Daisies, Flannel Flowers, different colours of Kangaroo Paws and Lamb's Tails were shown on the television. For those who have wildflowers

in their garden, we learnt they don't like overhead watering and need very little fertilizer, especially if the plant looks sick. Ann runs tours with Ann Newman & Casey Australia Tours. I quote from Ann, "wildflowers are not just about Spring, they grow and flower throughout the year. Get inspired to get out into the bush if possible". Many thanks Ann for your most informative knowledge shared with us at Tuart Place and thanks go to Dave for suggesting it. *Cevrina Reed*

Thank you Dale Lynch for sending the inspiring and uplifting piece below

Legacy of the Heart

I realize that it requires a tremendous leap of faith to imagine that your own childhood - punctuated with pain, loss and hurt - may, in fact, be a gift. Certainly the unhappiness you felt was not, in itself, a blessing, but in response to that pain, you learned to cultivate a powerful institution, a heightened sensitivity; and a passionate devotion to healing and love that burns deep within you. These are gifts that may be recognized, honoured, and cultivated.

You are not broken; childhood suffering is not a mortal wound, and it did not irrevocably shape your destiny. You need not remove, destroy, or tear anything out of yourself in order to build something new. Your challenge is not to keep trying to repair what was damaged; your practice instead is to reawaken what is already wise, strong and whole within you, to cultivate those qualities of heart and spirit that are available to you in this very moment.

Your life is not a problem to be solved, but a gift to be opened. Just as the pain, hurt, and suffering that came to you as a child were powerfully real, so is the tangible resilience of your spirit equally vital and alive. You can reawaken that inner strength and discover a reliable sense of safety, belonging and peace.

Preface from the book: "Legacy of the Heart" by Wayne Miller.

SAG CORNER - Social Activities Group



Greetings from S.A.G.

Our year started out with a bowling day organised by Carmel and was well attended, most people managed to hit some of the pins, thanks Carmel for your good work.

A day trip to Yanchep was the next event. I haven't been there since I was a wee little boy. Ann McVeigh was the only brave one to get wet and take a dip in the shark riddled waters!!!!!!!!!!!!!! . However, the rest of us wet out whistles in the Yanchep tavern.

S.A.G. raises money for the members of Tuart Place. Some of us can't get to Tuart Place during the week for one reason or another however, we would like to reach out to members by organising social events for all.

This year we have booked Fairbridge Farm for a weekend. There are 24 beds available so please be quick and book. Another event for the members is The Hugh Jackman concert coming in August. These are expensive tickets to buy, therefore we could only buy a limited amount. They may go quickly, inquire by ringing Jo at the office.

All is not lost if you have suggestions please come the S.A.G. meetings for your input. One idea has been mentioned; that is for us to buy Movie Tickets for some of the big cinemas, the committee will pay half of the cost.

Our big fund raiser is the Bunnings Sausage Sizzle we do several each year. For us senior people it was suggested that we buy a Barbara Cartland novel, or Several Shades Of GRAY and come to BUNNINGS {FOR A SIZZLING AFFAIR!!!!!!!!!! }. For me helping with the sausage sizzles, I have got to know members of Tuart and grown friendships that will last forever. Many thanks Bunnings GANG FOR ALL YOUR WORK.

PS we raised \$1150.00.

JOHN RYALL
Committee member.