# **High Street Happenings**







T Together...we build

**U** Understanding

A Acceptance

Respect ...and

T Trust

### Ranger Red's Zoo

by Justin Mooney & Sylvia Stonehouse

"I had a lovely time at the zoo and liked that we could wander around freely and see what we wanted to. I especially liked the bird life. There were ostriches, emus, peacocks and two walk-through aviaries. A parrot even landed on me to say hello! John, who's one of us, drove the bus and got us there and back safely and Tuart Place provided a sandwich lunch which was very nice. I recommend this trip for other Tuart Place participants and their families."



Justin getting a friendly hello!

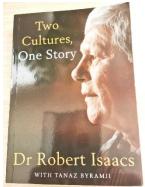
"The outing at Ranger Redz Zoo was really great. It was so nice to catch up with others and enjoy the walk-through aviary with the cheeky parrots of assorted shapes and colours. There was a great variety of birds, marsupials, and reptiles. Whoever arranged the picnic lunch did a marvellous job, it was delicious. The selection of sandwiches was so tasty and the selection of yummy cakes for dessert was a perfect finish to the meal. I totally enjoyed the outing despite my aching legs. It was worth it. Thanks to whoever organised the day."



It was all-hands-on-deck for the last Monday in June. Can you recognise the 'man-in-themask' helping Pip to serve up the

very yummy beef casserole and roast veggies?

He's more often seen serving a case than serving a meal! Yes it's our own volunteer legal expert, Thank you Gary Dean!



#### By Kevin Collins

Peter Bent and I have donated two copies of the book, 'Two Cultures, One Story', written by Dr Robert Isaacs AM who was in Castledare and Clontarf Boys Home with us when we were children.

The book is about his life history from being taken to St Joseph's Orphanage as a newborn then on to Castledare and Clontarf run by the Christian Brothers. He left there as a teenager with no money, no family and no home to go to. From that beginning he worked hard, went to university, got involved in Aboriginal Affairs, Housing, Health and Education. He became one of the most successful and respected Aboriginal Elders in Western Australia.

Bob (Robert) and I have been friends for over 60 years and he even boarded with my wife and I when we were first married. I remember him when he was a football player and umpire. He was a good player but an even better umpire! He was the best dressed umpire in the game but everyone knew that if they didn't toe the line he wouldn't hesitate with a 50m penalty.

Even when Bob received a well-deserved Member of the Order of Australia award, he never forgot his roots. He'll always be a great friend of mine and we keep in regular contact with him and Teresa, his wife.



The books are very popular and a copy can be borrowed from Tuart Place or better still buy one to keep, from your local book store.

High Street Happenings is a two-monthly newsletter produced by participants of Tuart Place

# Thank you Gordon Seven years volunteering By John Bejko



When Gordon Paton retired from work, he almost immediately offered his services to Tuart Place on a voluntary basis. That was seven years ago - time certainly flies! As a qualified and experienced psychotherapist Gordon has walked with many people on their roads to recovery.

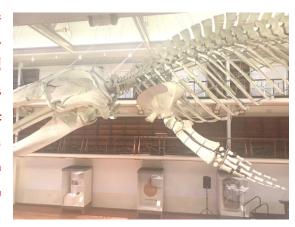
"There's something about Gordon that isn't like a mainstream' ordinary psychologist. He has a deep soul and lot of inner awareness. He is always very genuine and respectful. Not everyone can listen to what I've got to say as it is deeply spiritual but Gordon has the ability to understand things and listen to me on a deeper level. I feel we have a good connection and that is unusual for me as I don't trust people easily.

I've found him very helpful for when I've been progressing my inner journey which can be a lonely path at times. I feel good after talking with Gordon and there aren't many people who can listen and understand me so well.

Although I'm sorry to see him go, I believe there's a time for everything and everyone and I wish him all the best for the future.

## WA Museum Boola Bardip - By Michael Dodds

The trip to the museum was very good. We had an excellent guide – she was a great communicator who took us around and showed us very many interesting exhibits. The museum is well organized and the way they've made use of the space inside the building is excellent. I was particularly impressed by the skeleton of a whale. It was enormous! Tuart Place provided us with a sandwich lunch in the restaurant which was very nice. I think about 17 people went on the trip and it was very nice for my wife and I to catch up again with Rob and Pam who we'd met at the Tuart Place Christmas party.









Pat, Mary and Peter



Enjoying lunch at the museum

There were lots of smiles despite the serious topic of living well with Chronic Pain and Discomfort. "Tobey was great and we all shared some of our experiences of living with pain and she gave us tips on how to relax, breathe through it and focus on nice stuff instead of the discomfort. I'd go to this workshop again."



It's so cold; we didn't clean the house, we just defrosted it.

Why don't mountains catch colds?
They wear snow caps.

What does a spy do when he's cold?
He goes undercover.



It's so cold in winter, the Police told a robber to freeze, and he really did.

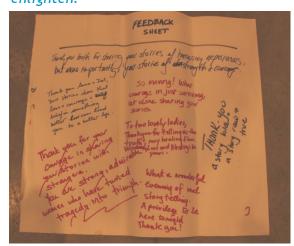
### **COVERGING STORIES**

The Converging Stories program run by the City of Fremantle gave members of the public the opportunity to learn about different people's life experience.

Dot Bagshaw Noongar Elder, and Ann McVeigh former child migrant, were invited to share their stories in May and worked with Meagan Court Social work student on placement at Tuart Place, to prepare their talks. Jenny Hunter from the City of Fremantle introduced the two women by saying:

"Our stories this month are told by two different ladies from two different countries. Dot, a Noongar Elder, was taken to Carrolup Native Settlement at 8 months old. Ann, a child migrant was sent to Australia from Ireland, with a false name and identity at the age of five. Dot's story is often referred to as Stolen Generations. Ann's story is that of a former child migrant. There are similarities in their stories, with both forced to grow up in institutions. Both Dot and Ann attend Tuart Place in Fremantle where they are supported and surrounded by other adults who were also in out-of-home care during childhood. Ann is a long-standing campaigner for care leavers' rights. Dot's journey has seen her in many roles and has taken her as far as New York State where the long-lost Carrolup Art Collection was located. Their stories will inspire and enlighten!"





"Thank you for your courage in sharing your stories with strangers. You are strong, admirable women who have turned tragedy into triumph."

"What a wonderful evening of real story telling. A privilege to be here tonight. Thank you!"

"Voices are powerful, much more than reading it in a book."

"Thanks so much for sharing your story last night- you are amazing ladies with strong spirits."

"So moving, what courage in surviving let alone sharing your stories."

