

High Street Happenings

July & August 2019

Issue 4



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust



“On Board” by Dale Lynch

On Thursday the 16th of May a group of four people from Tuart Place attended a training course “On Board”, about the good governance of boards.

FACT Inc.(Forgotten Australians Coming Together)is the governing body of Tuart Place and three of the board members: Cevrina Reed (Chairperson) Dale Lynch (Vice Chair) and Lyn McLaughlin (Board Member) along with Philippa White (Director of Tuart Place) attended the full day course in Subiaco. Also attending and doing the course with us was another lady Vicki, from the MHS (Mental Health Services Board).

The facilitator Rachael Pemberton is also a Fremantle Councillor (another valuable contact for Tuart Place). Rachael presented the course in a very easy to understand manner and was extremely knowledgeable in Board Matters, answering all our questions.

Whilst the course was interesting and informative it also outlined the seriousness of our obligations and responsibilities as board members. It also confirmed that the current FACT (Tuart Place) Board is doing an awesome job when it comes to procedural rules and regulations and have good solid governance overall. The need for strategic planning along with forward budgeting and good auditing were covered.

It was a great day in a pleasant learning environment with very healthy morning and afternoon teas and lunch provided and we all enjoyed the day whilst having a lot better understanding of our duties as board members.

The High Street Happenings newsletter is normally sent out by email every two months. If you would like to be on the email list to receive it please email Vicky at admin@tuartplace.org

VOLUNTEER APPRECIATION LUNCH by Cevrina Reed

National Volunteer Week, has been celebrated by Volunteering Australia for 30 years, and is a way of acknowledging the generous contribution of volunteers to the community. This year's theme is "Making a world of difference".

At Tuart Place, we are very lucky to have a great group of volunteers who definitely make a world of difference. We have many participants who volunteer their time and contribute, whether by being Board members, helping around at Tuart Place, or fundraising both here at Tuart Place or through the regular sausage sizzles that we hold at Bunnings. We also have a team of external volunteers, many of whom are university students or retirees, and all of whom are giving back to their community and enriching Tuart Place. We thank all of you for what you do.



To All the staff at Tuart Place thank you so much for the beautiful lunch and the lovely time we all had. It is so great coming down to Tuart Place we have a lot of laughs and plenty of chats you are such a beautiful lot of Ladies and always have time to chat to us so once again thank you so much and we enjoy anything we do to help, love The Krafty Ladies 🌸🍷💖💖💖💖 – ROSE KRUGER

Amaleed (Social Work student on placement at TP) gave a fascinating insight into growing up in Australia with Iraqi parents. She wrote:

On the 27th of May, I had the privilege of speaking to listeners at Tuart Place about my life and experiences. I also invited my lovely mother to come along, meet everyone and answer any questions. I started by speaking about when and where I was born, and a little bit about my family. I shared with everyone where my family originated from and why they chose to come to Australia. I also spoke to listeners about my studies, work and volunteering and its relevant to my practice at Tuart Place. I shared with everyone a few photos that were relevant to what I was speaking about. Everyone showed lots of interest and had so many questions for my mum and I. The presentation went great and I was so happy to share some of my life with everyone present at Tuart Place on the day.



Greetings from S.A.G.

Thank you all who helped make the Fairbridge weekend a resounding success. We will be getting half price movie tickets for our members starting with the city cinemas to make it central. There will be another bus day trip to Lake Leschenaultia and we had thought of going to the Bindoon Bakery but it may take too long to do the both. Some members mentioned going to visit a workshop to see how wheel chairs are made and sent to third world countries for children with disabilities. SAG has a healthy bank balance around \$5,000 which is mostly the result of the Bunnings sausage sizzle fundraisers. The next one will be on Saturday 14th September and if you want to help out, please contact John Ryall on 0448 074 536 or email johnryall@inet.net.au. The next SAG meeting is on Monday 12th August at 1pm at Tuart Place so come along as we welcome your suggestions on things you want to happen. Remember this is your place to come and relax and enjoy what's on offer. - **John Ryall Committee member.**



Fairbridge Weekend by Maria, Rob and Dale

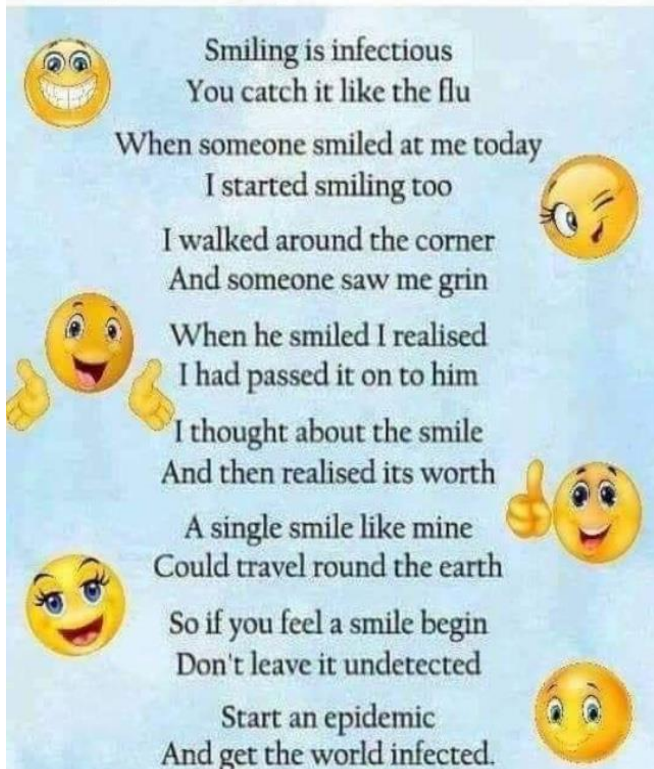
*Despite lots of talking, John R the bus driver got us to Fairbridge safely!- The meals were excellent, 3 hot meals most of them made by Epe but a special thank you to Tony who provided his home made apple pies, Gwen with her bread and butter pudding and Rob with his crumbed barramundi. We were treated like kings and queens. I was more than happy to do the dishes! We went down to Pinjarra looking at the shops, going to the café and back at Fairbridge and we had a great tour - thanks to Fairbridge ex-residents Graham and Derek. On the last night there were card games, we chatted, and laughed a lot. I'm definitely going next year! Can we go for a month?! ☺ - **Maria DeCourcy***

*I agree! John & Epe put their all into the Fairbridge camp as they did at the Moore river camp. Us helpers Gwen & Maria & I enjoyed the fun in the kitchen with Epe. She has such a bubbly nature & the meals were really good & plenty. It was a great camp, sunny days enjoyed by all. Thanks to all who raised \$\$\$ for it & were involved in it and a big THANKYOU to John & Epe. Perfect planning & very enjoyable camp. - **Cheers Rob Eddy***

*We had a great weekend at Fairbridge Farm Village which began as a farm school for child migrants sent out from the UK. Over 3,000 children passed through before it closed. It's now owned by Alcoa but leased out for holidays, festivals and events. 15 of us stayed in a house which can sleep up to 24 people. After a great lunch some of us explored the farm whilst others worked getting the wood fires going before it got too cold. The lovely Epe Ryall and her helpers prepared a Friday feast which we all enjoyed immensely. After the clean-up we watched the movie Bohemian Rhapsody in the lounge room with the blazing wood fire, or talked and played games in the dining room. On Saturday we visited Pinjarra for shopping, the tea rooms and the museum and later we were given a tour by Derek Smith and Graham Bennett who are former child migrants who lived at Fairbridge in the 1950's and 60's. Their stories of life at the farm were not only immensely informative, interesting and real, but funny and entertaining as well and kept us thoroughly enthralled. - **Dale Lynch***

Dale Lynch sent in this poem and invites everyone to submit their own favourite poem, or inspirational quote for others to enjoy. Email them to coord@tuartplace.org or dale.lynch8@bigpond.com or bring in a printed copy to Reception.

What a great poem by the late Spike Milligan about smiling

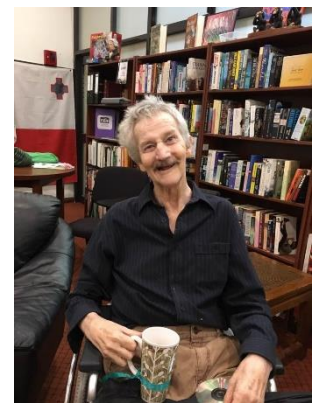


Natalie's Africa Photo Presentation by Dougie F.



I've always been intrigued by Africa and the animals there and am fascinated by how clever the elephants are. Natalie's photos were amazing and the way she could capture close ups of the animals from about 200 metres away with

her zoom lenses was impressive. Her talk was very interesting - I never knew that mongeese will gang up together to protect each other from attacks from other animals and that elephants can chase lions away from their prey and so maybe save a baby elephant from being eaten.



It was great to see Daniel Lackenby enjoying Natalie's talk



Reconciliation Week at the Maritime Museum - Thanks to student social worker Amaleed Al-Maliki who attended with Social Worker Jan Newman and Volunteer Social Worker Yo-Yo.

Two talented speakers - Justin Martin from Djurandi Dreaming (a tour guiding and Aboriginal art company) and fifth-generation West Australian Mike Lefroy told stories about the sand/limestone bar in Fremantle that used to cross the mouth of the river, adjacent to where the Museum stands today. Justin spoke about the importance of limestone to the Wadjuk people, as a collector of fresh water and food and also told us

a story set in the dream-time of how the Southern Cross was formed. Some young girls went for a swim in the river although they were not supposed to do this. At sunset the tribe came looking for them and started to spear them in their legs as a punishment. At this moment, the Rainbow Serpent emerged from the ocean and slapped the girls with its tail into the universe - the girls became the stars in the Southern Cross. Mike Lefroy spoke about his great-grandfather C.Y. O'Connor who was the engineer who blasted the limestone bar to make the Fremantle harbour. Mike spoke movingly about his amazing achievements, yet also his mental health struggles and tragic death.

The two stories were wonderful to hear from experienced, talented speakers and were a great example of reconciliation.