

CV19 Special Edition

How are you?

Tuart Place isn't able to have a face-to-face presence at 24 High Street at the moment but we're thinking of you and how we can all support each other during this time. As soon as we know when we can re-open, we'll let you know.

For now, we've expanded our phone counselling and support service to over 160 people and are still helping with National Redress applications and other claims processes; records requests; advocacy; and keeping in touch with those who'd like a chat while we work remotely. Please let us know if you would like us to stay in touch by phoning or emailing us and we'll get back to you.



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust

ZOOMING TO THE BOARD MEETING

by Cevrina Reed &

Kevin Collins



Since closing the doors as was recommended by the government, all our awesome staff have been very busy. Thank you. The FACT Inc Board meets every two months and because we couldn't all be in person at Tuart Place, we used the software program Zoom, to give nine board members, and guests Susy and Jo, the opportunity to still have the scheduled meeting on 8th April 2020. It was lovely to see familiar faces from the safety of our own places on the day, and to know all is running as it should, under the extreme circumstances.

Some of us were a bit hesitant about using the new technology at first. However we soon got into the swing of things. Like normal, we each listened to what the others had to say and contributed to the discussions when we wanted to. All in all, we thought it was an excellent Board meeting!

SUPPORT GROUPAT A DISTANCE

Wednesday 18th March was the last support group before CV19 'lock down'. The group practiced social distancing in the session.



THE HOSE-(A TRUE STORY).

By "ZOE"-AKA- Sylvia Stonehouse

In 1967 I had my first car
An old 52 Prefect to be precise
It was ancient and rusty
But still quite trusty
And I thought it was rather nice

I was able to travel wherever I liked
To the beach with my board for a surf
Or the hills for a barbecue
And gaze at the skyline view
Or just tour around my own turf

Now my mother was someone who worried
She always read the news
And when they warned of car thieves
To stop their impunity
And give my car immunity
A brilliant idea she conceives

My vehicle was parked near the front yard tap
And mother most wisely deduced
If she tied the rear bumper to the hose
And a thief at night feloniously chose
To steal my car, the risk would be reduced

Mum failed to tell us of what she had done
And Dad decided to take a trip
My car was there, he was in a hurry
So he borrowed my car, without a worry
Didn't hear the front hose rip

He parked it neatly at the shops
Went inside to complete his chore
A neighbour puzzled, scratched his head
Waited for my father, and inquisitively said
"What's the garden hose there for"?

Dad being smart and quick on the quip
Took it in with a glance and spoke
"Its a static strap so I don't get sick"
Kept a poker face, and drove off quick
And came home laughing at the joke

Now Mum has got to live it down
That she made a neighbour think Dad is whacky
With her strange attempt to prevent car theft
And now the front garden tap is left
With a skinny hose stretched out like a lacky

Based on real life -This actually happened in 1965. My mother did tie the hose to the car. My father did drive it to the shops at Manning and the neighbour did ask. It's all true, even Dad's answer.

A visit to the Michael Bowman Memorial - by John Ryall



During the March weekend trip to Fairbridge Village, organised by the Social Activities Group, (SAG), several of us went to visit the Michael Bowman memorial park at Serpentine. The memorial commemorates the bus crash that killed twelve year old Michael and injured 19 other boys from Clontarf Boys Town in 1955. Michael and I had been babies at an orphanage in Swansea, Wales and along with other boys we were brought to Castledare, Clontarf and Tardun as child migrants in 1952.

Gwen, Dougie, Ann, Peter, John, Maria

THANK YOU EVERYONE FOR SENDING YOUR JOKES IN

I tried to take some high-resolution photos of my friend's wheat field,
But all of my photos turned out really grainy.



Mountains aren't just funny -
They're hill areas.



A man walked into a fishmongers store carrying a large salmon under his arm.
"Good morning sir, Do you sell fish cakes?" he asked.
"I'm sorry, I'm afraid we're all sold out", said the fishmonger.
"That's a pity," he said sadly, pointing at the salmon.
"It's his birthday."

We tried to catch some fog on the way to work today...we mist

How does the man on the moon cut his hair?
Eclipse it



Dulcie Hyde and her husband Peter, are travelling in the outback and so self-isolating is normal daily life for them! Dulcie who has 18 grandchildren and 12 great grandchildren says she doesn't get bored as they get visits from the kangaroos and dingos and she does lots of beading and reading.

Thomas Connelly

04/08/1941 - 10/02/2020

Farewell Postponed

The gathering to remember and farewell Tom Connelly, planned by his good friend Desley for 6th June, will be postponed until the border restrictions are lifted so that interstate and overseas visitors can attend.





**REMEMBERING
SOME GOOD TIMES**

LOOKING FORWARD TO MORE





MELANOMA FUNDRAISER

Ann McVeigh shaved her hair off in support of Melanoma Research and has raised \$2000 so far. She wanted to support her late partner Stan who passed away two years ago.



Well done Ann and make sure you keep your head warm now the weather has changed!

Castles in the air from your chair By Dave Moir

I love the posts that have been on the Tuart Place Facebook page while we've had lock down. My favourite one was the one that linked to some virtual tours of castles and palaces all over the world. I chose to do virtual tours of lots of them but particularly like the tour of Holyrood House Palace in Scotland. Holyrood is the Queen's official Scottish residence and it dates from the 1500's. It was so engrossing and it almost made you feel like you really were walking through the palace! Susy says she saw that post too and had a fabulous virtual tour of Blarney Castle in Ireland.



At an **Online catch-up chat** we found out what each other had been doing during the lockdown period.

"Learning a language helps keep your brain healthy," John Ryall told us, "I've started learning Tagalog, the language spoken in the Philippines where Epe my wife comes from. I've got butchers paper covered with words stuck up all over the lounge so it looks like a primary school classroom now! Epe and John are also keen gardeners and grow their own grapes, mangoes, paw paw, limes, oranges, sweet potato, olives, pumpkin and more."

Dale has begun writing a book about his life, starting from when he went into St Vincent's Foundling Home. "It'll go to the present day and will focus on the healing and recovery I've experienced in the last ten years. Apart from the book, during lockdown I've also made a Facebook page for my dog Crank, who's got 150 FB friends now and gets more comments than my own Facebook page!"

"I've been volunteering at St Pat's in Fremantle and helping serve the breakfasts" said Kevin. "We're giving out about 40 breakfasts in take-away containers and although people can't stay and eat inside, they're able to get regular, tasty and healthy meals still."

As well as doing some very complicated sewing to make a portable photographic screen for her photographer son, Cevrina has been busy knitting bonnets and booties for newborn babies in the Baldvis Hospital.

We can't wait to see you all again!



Keeping everyone safe in these challenging times is our priority. Many participants are elderly, use public transport and may have health issues so we'll be guided by the health advice given by the Commonwealth and State Governments as to when we can re-open our drop in centre and resume face-to-face services.

In the meantime do call or email us if you have any queries or want a chat.

We'll let everyone know as soon as we can, when we're able to open our doors again.

Giving Evidence to help improve the National Redress Scheme

FACT Chairperson Cevrina Reed, Tuart Place Director Dr Philippa White and Tuart Place Counsellor Sarah Regan gave evidence to the Joint Select Committee on the Implementation of the National Redress Scheme on April 15. The Committee is chaired by West Australian Senator Dean Smith, a great supporter of WA services including Tuart Place. It is excellent to see that an Interim Report has already been released, and that survivors' voices are being heard.



"To Pip, Cevrina, and Sarah. Thanks for attending the other day at the National Redress Scheme implementation enquiry on behalf of Tuart Place. I Zoomed in on Wednesday 15th April. Well done what you put forward was excellent." Kevin Collins

"I will second that Cevrina Pip and Sarah, you were all very good and came across very clear and knowledgeable on the points raised. Well done." Dale Lynch

"Congratulations Pip, Cevrina and Sarah, your Parliamentary interviews were great. Well done." Ann McVeigh

"On Wednesday 15/4/20 at the Federal Parliamentary Joint Standing Committee, the Tuart Place presentation by Cevrina, Sarah and Pip was an absolute stand-out. The TP answers to the Committee's questions were insightful and clear." Lyn Sherwood

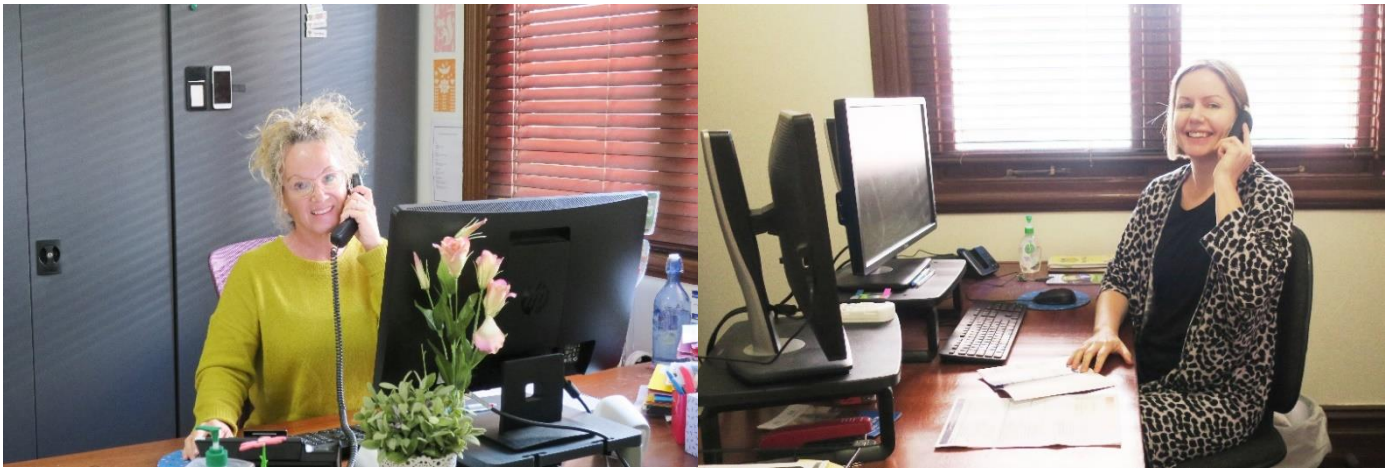
IT help is only a phone call away



One of our most popular drop-in services is the IT help given by our wonderful volunteers. The great news is, that even though we've had to temporarily stop our face-to-face services due to COVID-19, we still have a team of wonderful volunteers who are happy to help with mobile phone and computer issues. Over the last few weeks we have held meetings via Zoom to work out how we can do this and we're ready to go! Perhaps you'd like to set up an email account, or search the internet for tv programs and movies you can watch, or learn how to use Zoom so you can stay in contact with friends and family.

David, Tricia, Mary, Emily, Florence and Hasitha are keen to help with whatever IT issues you have. You don't even have to leave home because they'll help you over the phone. Just call Tuart Place on 6140 2380 and we will ask one of our volunteers to give you a call.

Tuart Place may not be able to have face-to-face services at the moment but phone counselling, support or just a catch-up chat are all available so give us a call on 08 6140 2380 if you'd like to book a time.



Continuing the popular Meet-a-Board Member series, Cevrina Reed gave the talk below at Tuart Place on Monday 16th March. Cevrina is Chair of the FACT board which is the governing body of Tuart Place.

"Hello everyone, for those who don't know me my name is Cevrina and I have been a participant here since 2014. I like being involved in a lot of the exciting things participants are offered, such as decorating biscuits, our famous singing and the delicious lunches offered every Monday, the use of free counselling, Susy' support group and computers in our now modernized room, and there is so much more happening here every week.



I've been a board member of Forgotten Australians Coming Together Incorporated or commonly known as FACT Inc, which is the governing body of Tuart Place since 2015. I became Chairperson in February 2019.

I hope I've bought to the board integrity, a love for people and a great belief in all staff of Tuart Place and hopefully I am a spokesperson for everyone here and beyond.

I've learnt a lot and am still learning about the position of Chairperson. It is a position of responsibility NOT of authority.

Positions and people's time are voluntary and no member is paid.

Any member of FACT is welcome to join us in the board room when we have a meeting, however they are invited as observers and are asked not to speak. Our meetings are to oversee the finances and the running of Tuart Place. We don't sit behind the closed door talking about participants, our qualified staff are in charge of keeping us and our safe - space - safe.

I like to volunteer here when I am able and want to advocate for care leavers.

I am grateful for somewhere to come where I am able to leave the outside world and sometimes it's madness for a few hours."

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