# **High Street Happenings**



November & December 2021 Issue 18



# Delicious eclairs, sausage rolls, mini quiches, cream cakes -yumm!

"Good evening team. A quick note to thank you for our High Tea today. It was very well presented with a great choice of food & drinks served in a beautiful room, a very special day. It was nice to catch up with friends, new & old also. Kind regards, Patricia."

## Hearing Australia



Tory Taylor from Hearing Australia said they successfully screened eleven people at Tuart Place on Monday 25th October. Six of them needed some further support with their hearing and have gone on to have a full hearing assessment with the Hearing Australia trained clinicians.

"I have procrastinated to have my hearing tested for about five years as the thought of organising it sounded ...ha ha... too hard! My lucky day last week!! Hearing WA was at Tuart Place and doing free hearing tests. I booked in only to discover... surprise, surprise, ...I can't hear well. After being given a phone number in my local area, I have now made an appointment with an audiologist to see what help I can get to hear properly. Yaay"! By Cevrina Reed



### CHATTERBOX MEMORIAL UPDATE



The second meeting to update care leavers on the progress of the Unfolding Lives Memorial was held at Tuart Place on 8/11/21. Kati Kraszlan, Commissioner for Victims of Crime; Mathew Wilding, Department of Communities; Michael Martin, Department of Justice; Tuart Place members; and Judith Forrest the artist who created the memorial, discussed potential sites for its relocation. A large majority of Tuart Place participants preferred a site that was close to the original site which was outside the WA Museum. The memorial was moved when the work started on the new WA Boola Bardip museum and it's been stored in a warehouse in Welshpool. It was damaged during its removal and Judith Forrest said it needs to be protected

and she will start repairing and restoring it as soon as possible. Kati advised everyone that the City of Perth will add the Unfolding Lives Memorial to the maintenance schedule of public art works, so it will get well looked after in the future. It will take a while to reinstate the memorial as a site in the new Museum and Arts Precinct will not be available until about 2024 due to the ongoing site works.

I thought the points of view put out by everybody were easy to understand and won widespread support. Everyone wanted it to be reinstated somewhere in the new cultural precinct. I didn't hear anyone objecting. The surrounds need be well thought out. Care-leavers expressed their thanks to Kati and Tuart Place for getting the PCC to look after it in the future. No one person dominated the discussion. By Michael Dodds



## BIRTHDAYS



Darryl









Robyn

Kevin



UWA Podiatry students and their lecturer held a free Podiatry Clinic at Tuart Place where they provided basic foot assessments and treatments.



The RU OK workshop was very good and made me realise that when my friend took her own life, it wasn't my fault. It's not always an easy conversation to have with some-one you're worried about. We learnt how we can open up a conversation and how to listen well and not be scared of their emotions. **By Maria D** 



Thanks go to the mail-out volunteers who have been kept very busy this year!

#### **Relaxation & Stress Management**

Some of the Craft ladies have attended Heather's two relaxation sessions which were held on two Thursdays in October and November.



Vera said she enjoyed the workshop, she found it relaxing as she had had an accident - fell over the week before and her shoulder had been a bit sore. Vera liked the breathing exercises, which showed you how to breathe properly. Vera has found this has made a big difference and she is looking forward to the next workshop."

Fred Penny and Clive Morrison (with Fred's guitar) when Fred came in to lead a sing-along one Wednesday





Mary

Rebecca

Peter

#### "I JUST WANT TO SAY...." By Peter Leslie (the good-looking on the right ©)

"My life has changed since I started coming to Tuart Place. I see a lot of old friends here and I feel good now.

I thank the staff at Tuart Place for thinking about my parents and looking out for me. The staff and my old friends have been supporting me during a hard time with my parents becoming unwell.

I've got back into 10 pin bowling after a day out with participants from Tuart Place and I'm coaching a girl who is on my team. My bowling has got much better and we are winning games, even when we play against bigger teams. I've been invited to bowl in the Warwick Gold Cup in December."



