

High Street Happenings



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust



The Roundhouse

Tuart Place is located very near the Roundhouse which was built in 1831 and is the oldest public building in WA. It was used as a gaol until 1886 and when threatened with demolition in the 1920's, it was saved and later deeded to the City of Fremantle. It's located on Arthur Head at the western end of High Street and is open every day (except Christmas and Good Friday). Each day they raise the flags and have a ceremony to fire the canon.

On Thursday 10th October, Clive Morrison, Aboriginal Elder and Tuart Place participant was being photographed outside the Roundhouse when a staff member spotted them and invited Clive to raise the Aboriginal Flag, which he did! Clive said later that he had felt very proud to have been asked and happy that Aboriginal people were being shown respect and recognised in this way.

Cevrina, Barbara, David, Gordon and Maria took a walk to the Roundhouse after lunch on Wednesday 23rd October for the daily 1pm cannon firing ceremony. It had been arranged that someone from Tuart Place would trigger the shot but unfortunately the cannon wasn't fired as it was too windy and wet that afternoon. So instead they were treated to a 'spell in the stocks' (a treat!?!?) and a history lesson given by one of the Roundhouse volunteers. Maria said that she'd thought the talk might be boring but that it wasn't at all and she'd recommend a visit there by anyone.

REMINDER!!
Christmas Party
Monday 2nd December,
11am - 2pm. Fun, food,
festivities, Lucky Dip,
singing and music.
RSVP to Vicky by Monday
18th November

Ray McGowan's Eulogy

By Ann McVeigh



Ray McGowan was one of the many child migrants who immigrated from England to Australia in 1947. He went to Castledare, Clontarf, Bindoon and ended up in Tardun. I believed he had a weak chest and went to Tardun because of the warmer climate.

I've only known Ray for about 6 years as a Tuart Place Participant. During this time I have known Ray to be a perfect and kind human being. I loved his dapper way of dressing in his Country and Western style theme. Always immaculately dressed and always with his lovely big hat to finish the style. He was softly spoken and a perfect gentleman. Ray loved his Mondays at Tuart Place and singing in particular. When requests went around, Ray would delight in singing Danny Boy. I loved how everyone let Ray take the lead and let him sing his heart out. He was one unique person and I am so pleased to have met him. He was a big fan of Marilyn Monroe too.

Another wonderful thing for Ray was his visits to Tuart Place with his cousins who flew out from Liverpool, England for a visit.



Of course no visit to Australia would be complete without coming to Tuart Place on Monday for a sing-song. It was lovely to see how well Ray looked when they came to visit and for them to join in with everyone.

When Ray became ill, I went and visited him in Fiona Stanley hospital. He told me how delighted he was to have met Jacqi, a volunteer hair dresser who would come every month to Tuart Place. He told me how she offered to take Ray in as an extended member of her family. It was so wonderful to see and I was so pleased for him. Somehow I think he looked on her as the daughter he didn't have. I'm sure he knew he was loved by her family, and his family at Tuart Place.



Ray, Mondays won't be the same without your presence. So Vale Ray and rest peacefully.

Your friends at Tuart Place. 16/9/19

Thanks for sending the poem below, Dale.

DUST IF YOU MUST

Dust if you must, but wouldn't it be better
To paint a picture or write a letter,
Bake a cake or plant a seed,
Ponder the difference between want and need?

Dust if you must, but there's not much time,
With rivers to swim and mountains to climb,
Music to hear, and books to read,
Friends to cherish and life to lead.

Dust if you must, but the world's out there,
With the sun in your eyes, the wind in your hair,
A flutter of snow, a shower of rain.
This day will not come round again.

Dust if you must, but bear in mind,
Old age will come and it's not kind.
And when you go - and go you must -
You, yourself, will make more dust.

~ Rose Milligan



Wayne Rudd on Blood Donor day 2019

Thumbs up for Wayne who donates blood fortnightly and has made about 50 blood donations in total!

My mother was on a dialysis machine for 8 years so I know how valuable the blood donor service is.

I used to donate 'whole' blood but now I donate platelets and plasma which takes a bit longer. Platelets are really important for people needing treatments for leukaemia and cancer. The platelets only have a shelf-life of 5 days so the supplies keep need replenishing.

I donate at Perth Blood Bank which is in the city above the Perth underground train station (Mandurah and Joondalup lines). If you're in Murray Street and look up, you can see the Blood Bank sign. There are other Blood Banks in Midland, Mandurah, & Freo.

The staff are very appreciative and after you've donated you go to the canteen and help yourself to some free refreshments - cake, sausage rolls & pies, biscuits, chocolates, chips and a drink.

When I walk away from it afterwards I do feel good knowing I'm giving back something that's really needed.

If you've ever thought of donating, THIS is the time to do it! I Just a simple pin prick can do so much for someone else.

To find the nearest Blood Bank to you and book in, ring 13 14 95 or visit donateblood.com.



As Eye See It - Photographic Exhibition

By Dave M, Julie D & Susy V

"A group of us walked down to the nearby Shipwrecks Museum on a Wednesday to visit the *As Eye See It* Photographic Exhibition which contains photographs taken by young people who are living in care.



Lots of the photos showed tranquil scenes of the bush and I (Dave) found the exhibition quite moving and relevant to me as it reminded me of my childhood and how I liked being outdoors." The aim was to raise awareness about what it means to live in out-of-home care now and was coordinated by the Department of Communities who gave the teenagers a camera and encouraged them to take four photographs of things which held a special significance for them. "It would have been a valuable exercise for the young teenagers as they could reach out and capture a part of their world that's important to them and share it with others." (Julie) Gordon and Julie both had a birthday that day too!



FACEBOOK DONATION DRIVE
by Dale Lynch

After seeing and donating to some Facebook Birthday Fundraisers on my Facebook page I decided to give it a go myself this year. Basically via a Facebook post you ask friends to donate to your favourite charity on or around your birthday. I set one up for Tuart Place which I really was not expecting it to do very well so I set my initial target at \$200. It soon passed so I changed my target four times eventually being a target of \$1000 which I am proud to say was achieved with a final total of \$1010 being raised. It was also great that every dollar was passed on to Tuart Place with no fees or charges being taken by Facebook.



Tom C. recommends visiting The Shipwrecks museum in Fremantle as it has lots of interesting exhibits. "I was impressed with the machinery and relics from all the old ships. There was one old engine that even 'turned over' after being recovered from the sea bottom where it had lain for 100 years!"



"Most enjoyable" (Teresa P).
"Natalie's stories of her time in Dubai were great!" (Anne McV)
"Fantastic pictures. I liked the photo of the good looking camel best, ha ha!" (Mary M)



Last Thursday I attended a CPR course provided by Keith Emin from Allens Training. Also participating were staff members and volunteers. The course was very well run and we all learnt heaps. We did quite a lot of practice on the day and all of us passed the

assessment and are now well-qualified to use CPR should the need arise. Keith was a very experienced trainer having worked as a paramedic for Rio Tinto and for the London Ambulance Service. (by Dave M)

End of Year BBQ Sunday 17th November 12noon - 3pm at the Waterford playing fields (Cnr Manning & Elderfield Roads) with entertainment by Fred Rea

SAG CORNER - Social Activities Group



Over \$1200 raised! - Thanks to our Bunnings volunteers
The Sausage Sizzle on 14th September was a great success. The raffle total was \$244.75 and the sausage sizzle total was \$1543.45. After expenses there was a profit of \$1242.05

SAVE THE DATE! 13th, 14th, 15th March 2020 Fairbridge Weekend. Contact Person: John Ryall 0448 074 536. If you want to find out more, give John a call.