

High Street Happenings

Jan, Feb, Mar 2024
Issue 28



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust



High Steet Happeniings is a three monthly newsletter produced by participants

Health and Wellbeing Volunteers



Contact Belle or Linda at Reception on 6140 2380 to book in with our wonderful volunteers.

Hairdresser Cinzia; Joanna from Hearing Australia; Podiatrist Kim; and Beautician Ella



Margaret Fisher -Age Care Finder
Tuart Place

Would you like to find out more about
aged care help and services?

Margaret, the Tuart Place care finder can assist you with your aged care queries. She can support people aged 65 or over (and Aboriginal people who are 50 or over)



"One of the newer Tuart Place services is the Age care finder Service. They have an Age Care Finder there. Her name is Margaret and she is amazing. She helps with all the age care services, makes phone calls and sends emails. She gets us all the support we need. She is a wonderful person and nothing is too much trouble for her."

Mrs Mary Mogridge

IF by Mary Ann Rath 2-6-23

People with different
Belief systems
Family styles
Ways of doing
Expected outcomes
Looks
Walk
Length of hair
Dress sense

Rejoice in our own expression
Accept others as future friends
Only "IF" they do not TYRANISE
Live with our own differences
Or is that individuality?
Embrace and lead our own life

FEARLESSLY
God loves us all
Waiting

For us to express love to all and
not be lost! and to go in hope,
Along "Song Lines" singing
HALLELUJAH ...
How do you like your eggs?
Sunny side up?



Clontarf Old Boys - Get-Together Lunch last year

All old Clontarf boys are more than welcome to join us.

Every two months, I organise a get-together for any of the Clontarf 'old boys' (Clonnies) who want to come along. We meet at 12 noon in the Coffee Club in the Park Shopping centre, 789 Albany Highway, East Victoria Park.

Contact me, Kevin Collins on 0409 290 408 and I'll let you know when the next one is.

Looking forward to seeing you all!

WASSAILING CAROLLERS CHRISTMAS CHOIR 18 December 2023 - Mary and Ann



What can you say about the Singers -they were awesome!

A big shout out to our regular song leader Matt for bringing this group of wonderful singers to TP. And all those melodic four-part harmonies. It makes all the songs sound different and new again. Did everyone notice how much they inspired and motivated our own members to join in. That was the best version of Silent Night we have ever sung. And a further nod to Ingrid who sung the first verse in its original German- Danke Shoen Ingrid.

Have a gander at the pics -certainly captures the moment and dare we say it - the joy!

End-of-Year Barbecue



Ted D interviews student Emma



Ted: So, Emma what brought you to Tuart Place?

Emma: Well, I'm studying a Master of Counselling and the university suggested I complete my prac placement here. I came in for an interview and fortunately Pip and Susy decided I was somebody they would be happy to have here.

Ted: Most of the cases here are complex, they have trauma and some people have dealt with that and some haven't. As a counsellor, how will you deal with that?

Emma: I think the first thing I would do is get to know them and make sure they know I believe them, and I care. I will also need to build trust. Do you have any tips for me on how to build trust with participants?

Ted: Well, I think the more confidence you show...and the more you can pinpoint what it is that the individual needs help with ...well that will help a lot. Now next question... Some people that come here don't have the life skills they'd like. How will you cope with that?

Emma: By listening carefully to find out what the person needs and how I might support them to feel happier and achieve what they want.

Ted: Because everyone is very different...

Emma: Yes, that's right it's not a one size fits all.

Ted: I think you've already made a good start, you've come in with the right attitude. I'm sure everyone will appreciate having you here for the next few months.