

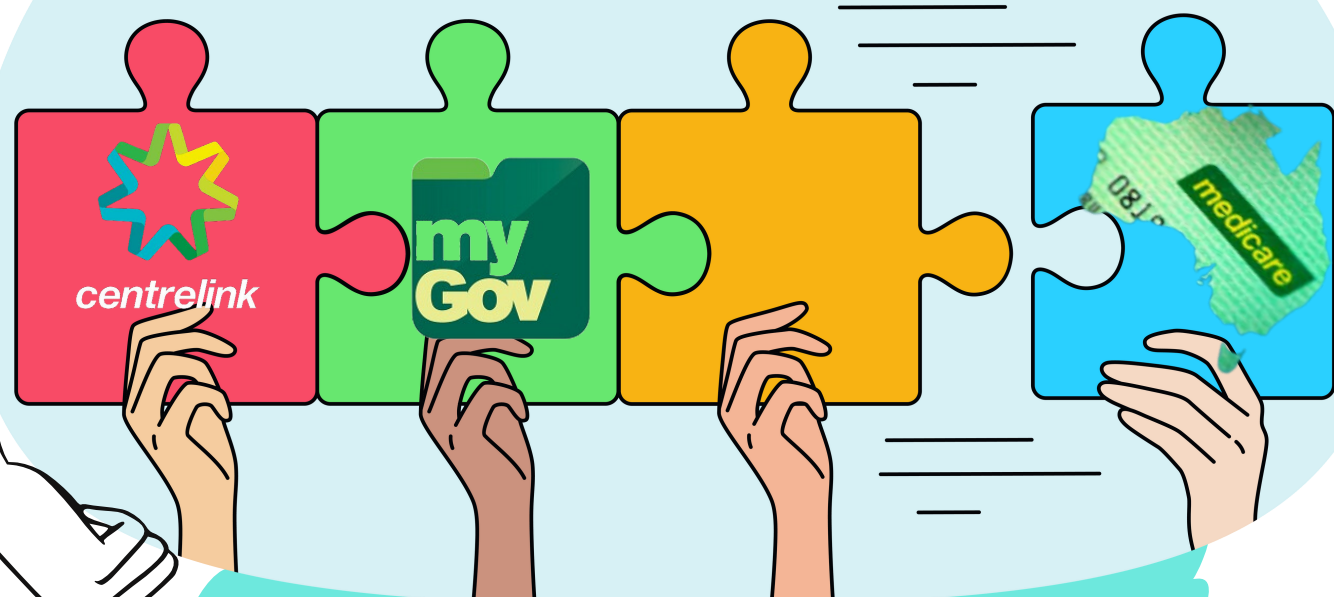
WHAT'S ON AT TUART PLACE

EVENTS FEBRUARY 2024

PRESENTATION BY SAGAL

Free's Community Engagement Officer

1pm Monday 19th February



Tips on accessing services,
such as Medicare & Centrelink



JOIN OUR
**FABULOUS CRAFT LADIES
FOR A CRAFTERNOON**

Thursdays 11am
8th, 22nd February,
7th & 21st March

FINANCIAL

COUNSELLING



with Karen
Wednesday 12.30pm
14th February & 13th March

Uniting

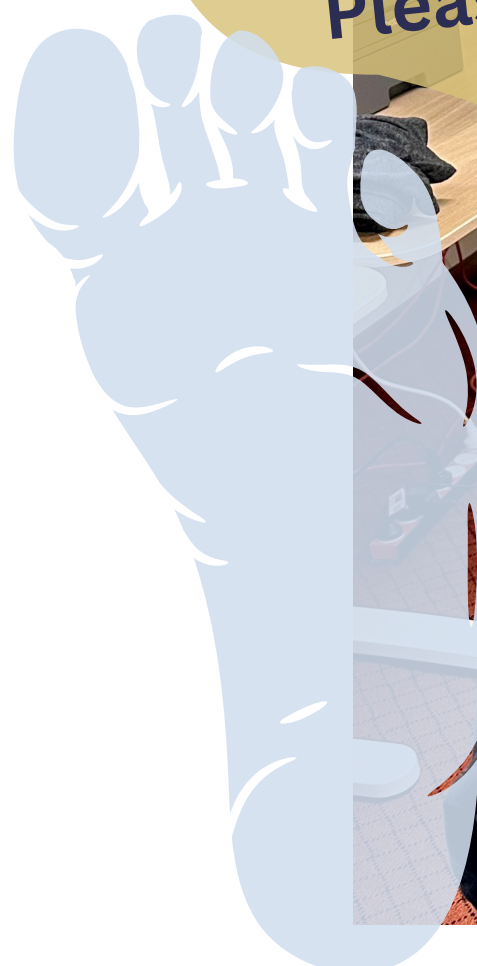
*Beauty Treatments
with Ella*



12pm Wednesday
7th February & 20th March

**FREE PODIATRY
CHECKS WITH KIM**

10.30am Monday
12th February & 18th March
Please call to book!



PODIATRY

SUPPORT GROUP

with Mary-Ann

**4 TIPS FOR
MANAGING STRESS
& ANXIETY**

10.30am Wednesdays



7th February Tip 1: Being Calm
21st February Tip 2: Being Creative
6th March Tip 3: Thinking Positively
20th March Tip 4: Healthy Lifestyle





Tuart Place
Growing Strong Together

WHAT'S ON AT TUART PLACE

EVENTS MARCH 2024

1PM MONDAY 18TH MARCH
WITH MARY & JUSTIN

BINGO



HEARING CHECKS WITH JOANNA
10am Wednesday 20th March

**MINI GOLF WITH US AT
HOLEY MOLEY FREMANTLE**

12pm Thursday 28th March - lunch included

Please call to book

Haircuts by Cinzia

1pm Monday
26th February &
25th March



**CHAIR TRAVEL TO
THE NETHERLANDS**
with Jill



1pm Monday 11th March