

FEBRUARY 2025 REMINDER EVENTS CALENDAR

MONDAY

WEDNESDAY

THURSDAY

From 10.30am Computer & Phone Help every Monday, Wednesday & Thursday

03 05 06

10.30am - 11.30pm **Singing** Group

11.45am **Cicerellos lunch**Bookings & food orders essential,
please book with reception

10.30am - 12.00pm **Support Group** with Mary-Ann *Topic - Living My Best Life: My Life Journey*

12:00pm Light Lunch

10:30 Art & Craft
Get creative with the
Krafties

10

10.30am - 12.00pm Singing Group

12:00pm Monday Lunch

1:00pm Board Meeting

1.00pm **Flatback turtle talk** with Tash

12

10.30am - 12.00pm **Support Group** with Mary-Ann

11:00pm **Face or hand massage** with Nell

12:00pm Light Lunch

12.00pm Haircuts with Jacqi

13

11.30am Movie
Afternoon
Watch a movie in the lounge

17

10.30am - 12.00pm Singing Group

10.30am - 1.30pm Podiatry Clinic

12:00pm Monday Lunch

1:00pm Bingo Game Day

19

10.30am - 12.00pm **Support Group** with Mary-Ann *Topic - Living My* Best Life: Making Good Choices

12.00pm Light Lunch

12:30pm **Financial counselling** with Karen

20

10:30 Art & Craft Get creative with the Krafties

24

10.30am - 12.00pm Singing Group

12:00pm Monday Lunch

1:00pm Haircuts with Cinzia

26

10.30am - 12.00pm **Support Group** with Mary-Ann

11:00pm **Face or hand massage** with Nell

12.00pm Light Lunch

27

11.00am Walk to the Shipwrecks Museum to explore WA's Deep Sea exhibition. Please call to book.

Turn over for March



MARCH 2025 EVENTS CALENDAR



MONDAY WEDNESDAY THURSDAY

From 10.30am Computer & Phone Help every Monday, Wednesday & Thursday

03

PUBLIC HOLIDAY

Tuart Place is closed

05

11.00am - 12.00pm Basket Weaving with Sandra Egan at the Walvalup Aboriginal Cultural Centre

12:00pm Light Lunch

12.00pm Haircuts with Jacqi

06

10:30 Art & Craft Get creative with the Krafties

10

10.30am - 12.00pm Singing Group

12:00pm Monday Lunch

1:00pm Bingo Game Day

12

11.00am - 12.00pm Basket Weaving Workshop at Walyalup Aboriginal Cultural centre with Sandra Egan

11:00pm Face or hand massage with Nell

12:00pm Light Lunch

13

11.30am Movie Afternoon Watch a movie in the lounge

17

10.30am - 12.00pm **Singing Group**

12:00pm Monday Lunch

1:00pm Scam Awareness Presentation in the lounge 19

10.30am - 12.00pm Support Group with Mary-Ann Topic - Living My Best Life: Positive Energy

12:00pm Light Lunch

12:30pm Financial counselling with Karen

20

10:30 Art & Craft Get creative with the Krafties

24

10.30am - 12.00pm Singing Group

12:00pm Monday Lunch

10.30am - 1.30pm Podiatry Clinic

26

10.30am - 12.00pm Support **Group** with Mary-Ann

11:00pm **Facial massage** with Nell 12:00pm Light Lunch

27

11.30am **Movie** Afternoon Watch a movie in the lounge

> WE WOULD LOVE TO SEE

31

10.30am - 12.00pm Singing Group

12:00pm Monday Lunch

1:00pm **Haircuts** with Cinzia

Fremantle

POSITIVE AGENG & VOLUNTEERING EXP

Tuart Place has a stall at the Positive Ageing & Volunteering Expo 10am -2pm on Friday 28th March at the **Walyalup Civic Centre in Fremantle**

Turn over for February

COME VISIT

EXPO!