

WHAT'S ON AT TUART PLACE



Tuart Place
Growing Strong Together

EVENTS AUGUST 2025

Djilba

Djilba is the fifth season of the Noongar six seasons, it coincides with August & September.

It represents a transitional time of year, and is known as the season of growth

AUGUST IS POETRY MONTH
1:00pm Monday 18th August

Read a poem,
Write a poem
Share a poem,
Enjoy a poem
With Per



FREE VACCINE CLINIC

**11:30am Wednesday
6th August**



**FINANCIAL
COUNSELLING
WITH KAREN**

**12:30pm Wednesday
20th August
& 3rd September**



FRESH CUTS



**12:00pm Wednesday
20th August, 1:00pm
Monday 25th August,
12:00pm Wednesday
23rd September**

Djilba



Djilba is known as the 'first spring' with clear cold days and nights, with some warmer, but windy and rainy days.

The colour of this season is pink, symbolising the growth of wildflowers and plants



NATURE APPRECIATION WALK

10:30am Wednesday 13th August

with Mary Ann, Morning Tea Provided

Tuart Place 24 High St Fremantle Walyalup WA 6160

Phone: 6140 2380 or Freecall 1800 619 795

WHAT'S ON AT TUART PLACE

EVENTS SEPTEMBER 2025



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Djilba's traditional food sources were plant roots and tubers. Other sources included tortoises, emus (waitji), bandicoots (quenda), kangaroos (yongars), possums (koomals) and eggs



RUOK?



Come in for a
cupcake &
conversation
10.00am
Thursday 11th
September

COME & VISIT KINGS PARK WITH US!

Wednesday 10th September



Bus transport provided to and from Tuart Place at 10.30am
Or meet inside the Poolgarla Area
37 Kings Park Road at 11am
Lunch at Koorak Cafe 11.30am
Bookings essential!



Nurse from Freo Women's Health presents a talk
12:30pm Monday
1st of September

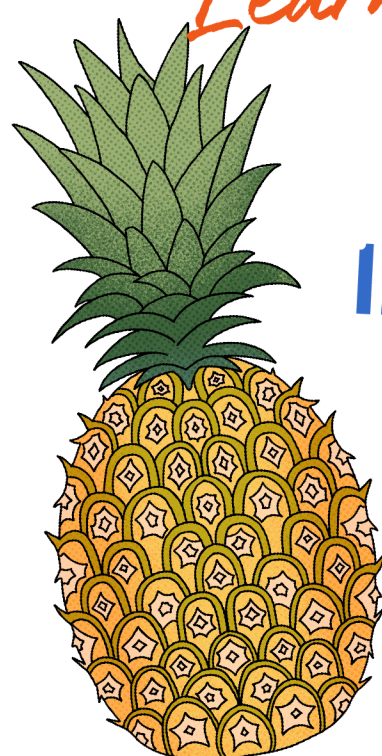
Physiotherapist from Mint Wellbeing joins us at
11.30am Thursday
4th of September



MOBILE PHONE PLANS

Leah from Uniting compares mobile phone plans to get you the best deal!

12:30pm Monday 15th September



Learn a new recipe and taste it too!
NOM! PRESENTS A HEALTHY COOKING CLASS
12.30pm Monday 22nd September



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