



Tuart Place

T Together...we build
U Understanding
A Acceptance
R Respect ...and
T Trust

Be Connected

With Isis and Mary

Tuart's Places new initiative "Be Connected" is funded through *Good Things Australia*, and has already proved to be a great success. Its aim is to help people understand and use technology confidently and its focus is on computers and mobile phones.

You can learn just about anything with Be Connected - from turning a computer on and using a mouse and keyboard, right through to understanding how to use AI. So there really is something for everybody, and it doesn't matter if you've got no experience with computers at all.

Our volunteer Be Connected Coordinator, Isis, formerly worked for Google and has an in-depth knowledge of this ever-changing field. Isis has been providing intensive *one to one* sessions with our clients, and she loves working with everyone! Even the most nervous say that they feel so much more confident around their phones and technology in general.

Mary said it has been very educational, and she will be using it more and more as she is set to become

our newest Board Member. The feedback from every participant has been very heartening with 100% saying how much knowledge and confidence Isis and Be Connected have given them.

So, if you are like the rest of us and sometimes feel out of your depth with technology, see the staff at Tuart Place to become part of this program. Isis can help you with any of your digital questions one on one, and she will also be presenting a range of workshops and information sessions for anyone who is interested to attend. Keep your eyes glued to our What's On calendar for all the details!



Winter Warmer July 2025

"My husband and I really enjoyed ourselves, The food was excellent and it was so nice to catch up with old friends and also make some new ones. Well done Tuart Place."

"It was so well organized! It was a testament to Tash! This year's winter warmer was the best one yet."

"The food was so tasty and we had a great variety to choose from. There was even enough food over for people to take some home."

This years' Winter Warmer was another great success. The music even got Pip and several other staff up on the dance floor. And what about these wonderful "framed pics" of people beaming. The frames were Tash and Rosalie's idea by the way- a stroke of genius.



Keep On Truckin'

With Ian

In the last issue of High Street Happenings, Mal asked about people's hobbies and interests, and this is what Ian sent him!

A bit of background first. Ian started his career with three years in the army. After that he became a trucker and never looked back. In fact, Ian is one of many truckers who have clocked up an unbelievable 4 million miles (yes miles!). As a result Ian is one of a number of drivers who are in the Road Transport Hall of Fame in Alice Springs.

And wait for it - there's more! Ian also has been making truck models and replicas since his early twenties. These models are

perfect miniaturized recreations of famous truck models, like the Kenworth. Ian said he gets the basic kit from various sources and then totally works them over right down to the inside cabins, wheels (which he makes himself) and painting. He has also donated 20 of his models to the Hall of Fame and overall, has made over 300 models. Depending on what type of model it can take anywhere from 1 to 3 months.

Can you believe all of the pictures with this article are model trucks!?! Just imagine the precision and concentration needed to do just one of these miniature masterpieces and multiply that by 300!!



Superstar Cecile has been working hard to update Tuart Place's historical photo albums.

These photos are so important to adults who were in care as children, and we love seeing pictures of the Tuart Place crew when they were young. Cecile is one of Tuart Place's dedicated volunteers, and we are so grateful for her time and dedication to this project.

Women's Health Week

We had the wonderful Amber, a physiotherapist from Mint Wellbeing come and talk to us for Women's Health Week. She gave us all the information we needed about our bone health, pelvic health and fall prevention. We had lots of laughs and fun, and took away heaps of information, hot tips and exercises which will be easy to incorporate into every day life.
Thanks so much Amber!



Poetry Corner

with (William Shakes)Per

August was Poetry Month, and our very own Per threw caution to wind and waxed lyrical about all things poetical in a very special workshop. Per tells us he isn't a poet, but we felt like The Bard himself was amongst us while Per shared music-as-poetry, haikus and other poems with us all. And for those who weren't there, here are a couple of poems from the Tuart Place community for you to enjoy...

They did not know what lay in store,
Holidays abroad to far distant shores.
Yet in their memories as often recalled,
Brothers - sisters,
And friends what's more.
Where are the families
That they once had?
Back in their homelands,
How very sad.
Thousands of children crossing the date-
line.
Holidays and memories lasting a lifetime.

Ann McVeigh, 2011

At Tuart Place lunchtime was set,
They served up a pork baguette,
But no one was keen,
On that French cuisine,
So they had chicken sandwiches
instead!

Rosalie, 2025

