



Tuart Place
Growing Strong Together

DECEMBER 2025



REMINDER

Birak EVENTS CALENDAR

MONDAY

WEDNESDAY

THURSDAY

Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am

01

10.30am - 11.15am
Singing Group

12.00pm **Tuart Place
Christmas Lunch**
Bookings essential!

08

10.30am - 12.00pm **Singing**

11:00am **How to be Smart
Online** with Isis

12:00pm Monday Lunch

1:00pm **Board Meeting**

15

10.30am - 12.00pm **Singing**

12:00pm Monday Lunch

12:30pm **Bingo Game!**

22

10.30am - 12.00pm **Singing**

12.00pm Monday lunch

10.30am - 1.30pm **Podiatry**

29

Tuart Place closed

03

10.30am - 12.00pm **Support
Group** with Mary-Ann

12:00pm Light Lunch

12:30pm **Financial
counselling** with Karen

10

10.30am Meet at the **Boola
Bardip Museum** for a tour
and lunch. Please book at
reception!

12:00pm Light Lunch

12.30pm **Haircuts** by Jacqi

17

10.30am - 12.00pm
Support Group with Mary-
Ann *Topic: **Increasing our
happiness***

12.00pm Light Lunch

24

Tuart Place closed

31

Tuart Place closed

04

11.30am **Movie
Afternoon**

Watch a movie in
the lounge

11

11.30am **Movie
Afternoon**

Watch a movie in
the lounge

18

11.30am **Movie
Afternoon**

Watch a movie in
the lounge

25

PUBLIC HOLIDAY
Tuart Place closed

Turn over for January

Tuart Place 6140 2380 or 1800 619 795
24 High St Fremantle Walyalup WA 6160

JANUARY 2026

Birak EVENTS CALENDAR



MONDAY

WEDNESDAY

THURSDAY

Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am

05

10.30am - 12.00pm

Singing Group

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

07

10.30am - 12.00pm

Support Group with Mary-Ann Topic: Increasing our happiness

12:00pm Light Lunch

08

11.30am **Movie Afternoon**
Watch a movie in the lounge

12

10.30am - 12.00pm

Singing Group

10.30am - 1.30pm **Podiatry**

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

12:30pm **Bingo Game!**

14

10.30am - 12.00pm

Support Group with Mary-Ann

12:00pm Light Lunch

12:30pm **Financial Counselling** with Karen

15

11.30am **Movie Afternoon**
Watch a movie in the lounge

12:00pm **Basket Weaving** with Sandra Egan

19

10.30am - 12.00pm **Singing**

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

12.30pm **Carmel & Lynda** sing some tunes

1:00pm **Haircuts** by Cinzia

21

10.30am - 12.00pm **Nature Appreciation Support Group** walk and talk with Mary-Ann and morning tea

12:00pm Light Lunch

22

11.30am **Movie Afternoon**
Watch a movie in the lounge

26

PUBLIC HOLIDAY
Tuart Place closed

28

10.30am - 12.00pm **Support Group** with Mary-Ann **Tree of Me**, a creative workshop.

12:00pm Light Lunch

29

11.30am **Movie Afternoon**
Watch a movie in the lounge

Turn over for December