



Tuart Place  
Growing Strong Together

# DECEMBER 2025



REMINDER

## Birak EVENTS CALENDAR

### MONDAY

### WEDNESDAY

### THURSDAY

**Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am**

**01**

10.30am - 11.15am  
**Singing Group**

12.00pm **Tuart Place Christmas Lunch**  
Bookings essential!

**03**

**10.30am - 12.00pm Support Group** with Mary-Ann

12:00pm Light Lunch

12:30pm **Financial counselling** with Karen

**04**

**11.30am Movie Afternoon**

Watch a movie in the lounge

**08**

10.30am - 12.00pm **Singing**

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

1:00pm **Board Meeting**

**10**

10.30am Meet at the **Boolar Bardip Museum** for a tour and lunch. Please book at reception!

12:00pm Light Lunch

12:30pm **Haircuts** by Jacqi

**11**

**11.30am Movie Afternoon**

Watch a movie in the lounge

**15**

10.30am - 12.00pm **Singing**

12:00pm Monday Lunch

12:30pm **Bingo Game!**

**17**

10.30am - 12.00pm  
**Support Group** with Mary-Ann  
Topic: **Increasing our happiness**

12:00pm Light Lunch

**18**

**11.30am Movie Afternoon**

Watch a movie in the lounge

**22**

10.30am - 12.00pm **Singing**

12.00pm Monday lunch

10.30am - 1.30pm **Podiatry**

**24**

Tuart Place closed

**25**

**PUBLIC HOLIDAY**

Tuart Place closed

**29**

Tuart Place closed

**31**

Tuart Place closed

*Turn over for January*

Tuart Place 6140 2380 or 1800 619 795

24 High St Fremantle Walyalup WA 6160

# JANUARY 2026

## Birak EVENTS CALENDAR



### MONDAY

Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am

05

10.30am - 12.00pm  
**Singing Group**

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

12

10.30am - 12.00pm  
**Singing Group**

10.30am - 1.30pm **Podiatry**

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

12:30pm **Bingo Game!**

19

10.30am - 12.00pm **Singing**

11:00am **How to be Smart Online** with Isis

12:00pm Monday Lunch

12:30pm **Carmel & Lynda**  
sing some tunes

1:00pm **Haircuts** by Cinzia

26

PUBLIC HOLIDAY  
Tuart Place closed

### WEDNESDAY

Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am

07

10.30am - 12.00pm  
**Support Group** with Mary-Ann Topic: Increasing our happiness

12:00pm Light Lunch

14

10.30am - 12.00pm  
**Support Group** with Mary-Ann

12:00pm Light Lunch

12:30pm **Financial Counselling** with Karen

21

10.30am - 12.00pm **Nature Appreciation Support Group** walk and talk with Mary-Ann and morning tea

12:00pm Light Lunch

28

10.30am - 12.00pm **Support Group** with Mary-Ann **Tree of Me**, a creative workshop.

12:00pm Light Lunch

### THURSDAY

01

PUBLIC HOLIDAY  
Tuart Place closed

08

11.30am **Movie Afternoon**  
Watch a movie in the lounge

15

11.30am **Movie Afternoon**  
Watch a movie in the lounge

12:00pm **Basket Weaving** with Sandra Egan

22

11.30am **Movie Afternoon**  
Watch a movie in the lounge

Turn over for December

Tuart Place 6140 2380 or 1800 619 795

24 High St Fremantle Walyalup WA 6160