



Tuart Place  
Growing Strong Together



REMINDER

# FEBRUARY 2026

## Bunuru

# EVENTS CALENDAR

## MONDAY

## WEDNESDAY

## THURSDAY

*Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am*

**02**

10.30am - 11.15am

**Singing Group**

12:00pm Monday Lunch

1:00pm **Bingo Game!**

**09**

10.30am - 12.00pm **Singing**

10.30am - 1.30pm **Podiatry**

12:00pm Monday Lunch

12.30pm **Womens Financial Wellbeing** Presentation by Commbank

1:00pm **Board Meeting**

**16**

10.30am - 12.00pm **Singing**

12:00pm **Cicerellos Lunch**

RSVP and orders required by 2<sup>nd</sup> February

**23**

10.30am - 12.00pm **Singing**

12.00pm Monday lunch

1:00pm **Haircuts** by Cinzia

**04**

10.30am - 12.00pm

**Support Group** with Mary-Ann

12:00pm Light Lunch

12.30pm **Haircuts** by Jacqui

**11**

10.30am - 12.00pm

**Support Group** with Mary-Ann *Topic: **Saying NO assertively***

12:00pm Light Lunch

12:30pm **Financial counselling** with Karen

**18**

10.30am - 12.00pm

**Critters Up Close** visits our Support Group, join us to cuddle a cute critter!

12.00pm Light Lunch

**25**

10.30am - 12.00pm

**Support Group** with Mary-Ann *Topic: **Listening Helpfully***

12.00pm Light Lunch

**05**

11.00am **Art and Craft** with the Krafties

**12**

11.30am **Movie Afternoon**

Watch a movie in the lounge

**19**

11.00am **Art and Craft** with the Krafties

**26**

11.30am **Movie Afternoon**

Watch a movie in the lounge

**Tuart Place 6140 2380 or 1800 619 795**  
**24 High St Fremantle Walyalup WA 6160**

*Turn over for March*



## MONDAY

## WEDNESDAY

## THURSDAY

*Computer & Phone Help every Monday, Wednesday & Thursday from 10.30am*

**02**

Tuart Place Closed  
**PUBLIC HOLIDAY**

**04**

10.30am - 12.00pm **Life Drawing Workshop** with the Support Group

12:00pm Light Lunch

**05**

11.00am **Art and Craft** with the Krafties

**09**

10.30am - 12.30pm **Tuart Place Open Day**

Smoking Ceremony at 10.30 with special guests and speeches at 11am

12:30pm Monday Lunch

1:00pm **Basket Weaving** with Sandra Egan

**11**

10.30am - 12.00pm **Support Group** with Mary-Ann Reducing Difficult Thoughts

12:00pm Light Lunch

12:30pm **Financial counselling** with Karen

12.30pm **Haircuts** by Jacqi

**12**

11.30am **Movie Afternoon**  
Watch a movie in the lounge

**16**

10.30am - 12.00pm **Singing**

10.30am - 1.30pm **Podiatry**

1:00pm **Bingo Game!**

**18**

10.30am - 12.00pm **Nature Appreciation Support Group** walk and talk with morning tea

12:00pm Light Lunch

**19**

11.00am **Art and Craft** with the Krafties

**23**

10.30am - 12.00pm **Singing**

12:00pm Monday Lunch

12.30pm **Juniper Aged Care** Presentation with Tracey

**25**

10.30am - 12.00pm **Support Group** with Mary-Ann *Topic: Managing Stress and Anxiety.*

12.30pm - 1.30pm **Thread Together**, mobile clothing van visits

**26**

11.30am **Movie Afternoon**  
Watch a movie in the lounge

**30**

10.30am - 12.00pm **Singing**

12.30pm **Armchair travel** with Per!

1:00pm **Haircuts** by Cinzia

*Turn over for February*