



Tuart Place
Growing Strong Together



WHAT'S ON AT TUART PLACE

EVENTS AUGUST 2026

Djilba

Djilba is a transitional season, it blends cold days with warmer spring days. A flower explosion signals the start of Djilba with yellow Acacias budding and grass trees producing flower stalks.

Kangaroos (yongka), emus (weitj), possums (koomal) and other land dwelling animals start to become more active.

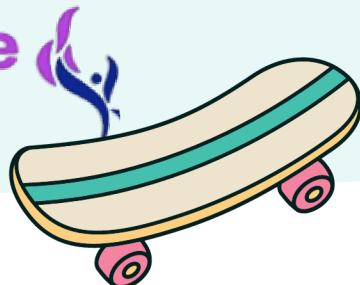


IMPROVE YOUR BALANCE WORKSHOP BY LESLEY

FALLS PREVENTION SPECIALIST!

12.30pm Monday 10th August

Better Balance
for Life



HEARING CHECKS!

with Hearing Australia

10.30am Wednesday
12th August
Please call to book!

BOARDGAME ARVO'S

12.30pm
Monday
3rd & 31st
August,
Wednesday
9th & 30th
September



BASKET WEAVING WORKSHOP

Join our popular weaving class
with well-known local artist
Sandra and learn a fun new craft

10.30am Wednesday
12th August with Support Group



Doug Fishwick Memorial by David

12.30pm Monday
17th August

Join us to
remember
'Dougie'



MEET THE MINISTERS HON JESSICA STOJKOVSKI & HON SIMONE MCGURK MLA

12.00pm Friday 7th August

JOIN US FOR A
FRIDAY LUNCH
& A CHAT WITH
THE MINISTER



WATERCOLOUR & DRAWING WORKSHOP with Elayne

10.30am 26th
August in the
Support Group



VISIT THE MARITIME MUSEUM

FOR A VIRTUAL REALITY
TOUR OF THE
GREAT BARRIER REEF

10.30am Thursday 20th August
Please call to book!



A special Bingo To celebrate & remember Justin

1pm Monday 24th August





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WHAT'S ON AT TUART PLACE

EVENTS SEPTEMBER 2026

BOOST YOUR WELLBEING PRESENTATION BY HELPING MINDS

Helping Minds
12.30pm Monday
7th September

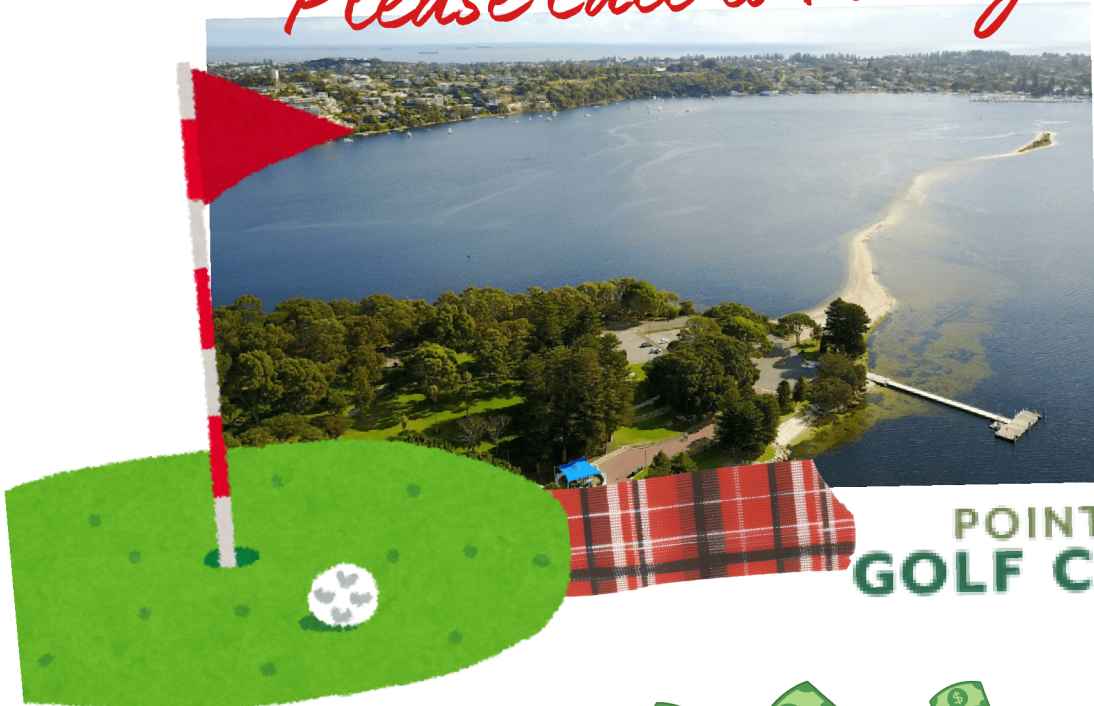


Armchair Travel with Jill

1.00pm Monday
21st September



MINI GOLF AT POINT WALTER *Please call to book your place!*



POINT WALTER
GOLF COURSE

Meet at Tuart
Place at 10.00am
Wednesday 23rd
September

FINANCIAL COUNSELLING

with Karen

12.30pm Wednesday
19th August & 16th September

Djilba



Djilba is known as the season of conception. Bushtucker is abundant during Djilba and animals start nesting and preparing for their young. As the season progresses and the weather gets warmer magpies (koolbardi) guard their nests by swooping passers by.

The willy wagtail (djidi djidi) dances to distract and chase larger birds away from their nests.



THE AMAZING CATALPA RESCUE

Walk to the Fenians display with Margo & Mary-Ann to hear the terrific story about the Whaling ship crew that helped six Irish prisoners of war escape from Freo prison



10.30am on Wednesday 9th September



RUOK DAY CUPCAKE DECORATING



RUOK?
A conversation could change a life.



10am Thursday 10th September

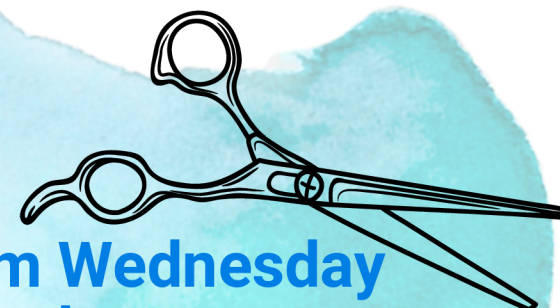
HAIRCUTS

WITH JACQI

12:30pm Wednesday
5th August
& Wednesday 16th
September

& CINZIA

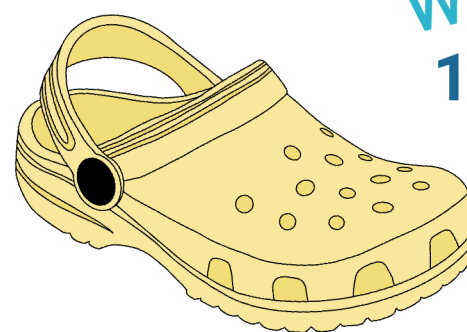
1:00pm Monday
31st August



PODIATRY

with Kim

10.30am Monday
31st August &
10.30am
Wednesday
16th September



Tuart Place 24 High St Fremantle WA 6160 Phone: 6140 2380 or Freecall 1800 619 795

